Table of contents

Foreword	6
1. Who is the Sport Scientist?	8 8 10
2. The importance of load monitoring in team sports	13 14 16 20
3.1. Types of Electronic Performance Tracking Systems	23242829
4. Workload analysis variables	36
5. Data interpretation: tools, reports and key issues 5.1. Tools 5.2. Reports 5.3. Key aspects	42 43 48 54
6. Additional applications of electronic performance tracking systems	57 57
 mance assessment. 6.3. Application of electronic performance tracking systems during a joint range of motion assessment. 6.4. Application of electronic performance tracking systems during stability assessment. 6.5. Application of electronic performance tracking systems during gait analysis. 6.6. Application of electronic performance tracking systems in relation to tactical parameters 6.7. Application of electronic performance tracking systems in other contexts. 	58 59 60 61 62
7. Conclusion	64
8. Bibliography	65